

# MASS in Particle Physics

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# Overview

- **Lecture 1: Basics and the Standard Model**
  - Mass in a Lagrangian Field Theory
  - Basics of the Standard Model
  - Spontaneous Symmetry Breaking
  - The Higgs Mechanism
- **Lecture 2: QCD and the Mass of Hadrons**
  - Quantum Field Theory in a Nutshell
  - Dimensional Analysis for Pedestrians
  - Mass from “Dimensional Transmutation”

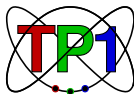
## ● Lecture 3: Neutrino Masses

- Majorana Masses for Fermions
- Dirac and Majorana Masses
- See-Saw Mechanism and small Neutrino masses
- Flavour Mixing in the Lepton Sector

# Mass in Particle Physics Basics and the Standard Model

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# Introduction

- Particle Physicists describe the world in terms of (Quantum) Field Theory.
- Observed particles are “field quanta”  
(like the photon is the field quantum of Maxwell’s Field Theory)
- Similarly to Classical mechanics, (systems of) fields are described by **Lagrangians**
- Classical mechanics: Generalized Coordinates  $q_i$

$$L(q_i, \dot{q}_i) : \quad \frac{d}{dt} \left( \frac{\partial L}{\partial \dot{q}_i} \right) - \left( \frac{\partial L}{\partial q_i} \right) = 0$$

- Field theory: Fields  $\phi_i(x)$ , and “Lagrangian Densities”

$$\mathcal{L} = \mathcal{L}(\phi_i(x), \partial_\mu \phi_i(x))$$

- Equations of motion:

$$\partial_\mu \left( \frac{\partial \mathcal{L}}{\partial(\partial_\mu \phi_i)} \right) - \left( \frac{\partial \mathcal{L}}{\partial(\phi_i)} \right) = 0$$

- Example (and Exercise): Maxwell's Equations

$$\mathcal{L} = -\frac{1}{2}(\partial_\mu A_\nu)(\partial^\mu A^\nu - \partial^\nu A^\mu) + j_\mu A^\mu \quad \text{yields} \quad [\Box A_\mu - \partial_\mu(\partial_\nu A^\nu)] = j_\mu$$

- A quadratic Lagrangian always yields a linear equation of motion, corresponding to a “free field”
- Quadratic terms:

$$(\partial_\mu \phi_i)(\partial^\mu \phi_i) \quad \phi_i \phi_i \quad (\partial_\mu \phi_i)\phi_i$$

- The last one is not allowed: **not Lorentz Invariant!**

- Most general quadratic term

$$\mathcal{L} = a(\partial_\mu \phi_i)(\partial^\mu \phi_i) - b \phi_i \phi_i \quad (1)$$

- Remark on dimensions:

Particle Physicists units:  $\hbar = 1$ ,  $c = 1$ ,  $k_b = 1$

Energy and Mass have the same unit

Length is an inverse mass

Temperature and Energy have the same unit

- Unit of Action (= interal over the Lagrangian)

$$S = \int d^4x \mathcal{L}(\phi_i(x), \partial_\mu \phi_i(x))$$

is  $\hbar$  thus **Dimensionless**



- We may choose the unit of  $\phi$  such that  $a$  is dimension-less:  $\dim[\phi_i] = 1$   
(= the unit of  $\phi_i$  is “mass”)
- The dimension of  $b$  is  $\dim[b] = 2$   
(= the unit of  $b$  is “mass-squared”)
- Once the field  $\phi_i$  with the lagrangian (1) is quantized, its quanta correspond to particles with mass  $m^2 = b$ , assuming that  $b$  is positive!  
Otherwise ... (see later)
- The field quanta satisfy  $E = \sqrt{m^2 + \vec{p}^2}$

**Mass in a QFT:**  
**Quadratic Term in the fields with no derivatives**

# Mass terms for the different particle species

- For scalar particles:

$$\mathcal{L}_{\text{mass}} = \frac{1}{2}m^2\phi^2 \quad \text{or} \quad \mathcal{L}_{\text{mass}} = m^2\phi^*\phi$$

- For vector particles

$$\mathcal{L}_{\text{mass}} = -\frac{1}{2}m^2 A_\mu A^\mu \quad \text{or} \quad \mathcal{L}_{\text{mass}} = -m^2 A_\mu^* A^\mu$$

- Spin 1/2 particles: four component **Spinors**  $\psi$
- Free spin 1/2 particles: Dirac Equation:

$$(i\gamma_\mu\partial^\mu - m)\psi(x) = (i\cancel{\partial} - m)\psi(x) = 0$$

with  $\gamma_\mu\gamma_\nu + \gamma_\nu\gamma_\mu = 2g_{\mu\nu}$

- Corresponding Lagrangian Density

$$\mathcal{L}_{1/2} = \bar{\psi}(x)(i\cancel{\partial} - m)\psi(x) \quad \bar{\psi}(x) = \psi^\dagger(x)\gamma_0$$

- The mass term is thus

$$\mathcal{L}_{\text{mass}} = -m\bar{\psi}(x)\psi(x)$$

- Spinors can be classified by their **Chirality**:  
Matrix  $\gamma_5$  with  $\gamma_5\gamma_5 = 1$  and  $\gamma_\mu\gamma_5 + \gamma_5\gamma_\mu = 0$

$$\psi_L(x) = \frac{1}{2}(1 - \gamma_5)\psi(x) \quad \text{Left-handed Component}$$

$$\psi_R(x) = \frac{1}{2}(1 + \gamma_5)\psi(x) \quad \text{Right-handed Component}$$

- Note that

$$\bar{\psi}_L(x) = \frac{1}{2}\bar{\psi}(x)(1 + \gamma_5)$$

$$\bar{\psi}_R(x) = \frac{1}{2}\bar{\psi}(x)(1 - \gamma_5)$$

Note that  $\bar{\gamma}_5 = -\gamma_5$

- Show that

$$\mathcal{L}_{\text{mass}} = -m [\bar{\psi}_L(x)\psi_R(x) + \bar{\psi}_R(x)\psi_L(x)]$$

- Mass term couples the left and right handed components
- There can also be a Majorana Mass for Spinors (see Lecture 3)

# The Standard Model of Particle Physics

## Properties

- (Lagrangian) Quantum Field Theory
- Construction based on Symmetries
- “Chiral” Theory: Left and right handed components of spin  $1/2$  particles are treated differently.
- “Gauge field Theory” local symmetries, enforcing massless vector bosons
- Masses are generated by “spontaneous symmetry breaking”

# Basics Structure

- **Symmetries:**
  - $SU(3)$  for color (not really relevant here)
  - $SU(2)$  for weak interactions
  - $U(1)$  for “electromagnetic” interactions
- Quarks and Leptons fall into “weak doublets” (under to  $SU(2)$ )
- For the left handed component of the quarks

$$Q_1 = \begin{pmatrix} u_L \\ d_L \end{pmatrix} \quad Q_2 = \begin{pmatrix} c_L \\ s_L \end{pmatrix} \quad Q_3 = \begin{pmatrix} t_L \\ b_L \end{pmatrix}$$

- Right handed components of the quarks: **singlets**

- For the left handed component of the leptons

$$L_1 = \begin{pmatrix} \nu_{e,L} \\ e_L \end{pmatrix} \quad L_2 = \begin{pmatrix} \nu_{\mu,L} \\ \mu_L \end{pmatrix} \quad L_3 = \begin{pmatrix} \nu_{\tau,L} \\ \tau_L \end{pmatrix}$$

- No need for right handed neutrinos, since we assume them massless (See lecture 3)
- Right handed charged leptons are singlets.
- Local gauge symmetry: **Vector Bosons massless!**
  - Only two polarization directions
  - A massive vector boson has three polarizations
  - ... thus we miss one degree of freedom
  - **Higgs Mechanism:** A massless scalar particle can be “eaten up” and become the longitudinal polarization of a massive vector boson



# Scalar Particles

Consider a charged scalar particle = complex scalar field

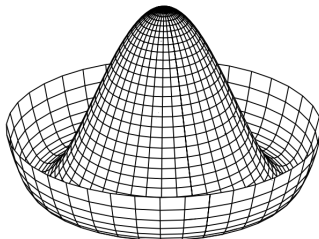
$$\mathcal{L} = (\partial_\mu \phi)^* (\partial^\mu \phi) - V(\phi^* \phi)$$

- This is invariant under phase rotations:  
 $\phi \rightarrow \phi e^{i\alpha}$  and thus  $\phi^* \rightarrow \phi^* e^{-i\alpha}$ :  $\mathcal{L} \rightarrow \mathcal{L}$
- The potential of a renormalizable QFT must be

$$V(\phi^* \phi) = \alpha (\phi^* \phi) + \beta (\phi^* \phi)^2$$

- The first term looks like a mass term, but ...

- .. only if  $\alpha = m^2 > 0$
- $\beta$  has to be positive, since the potential has to be bounded from below.
- For  $\alpha < 0$  we get a “mexican hat” potential:



- In such a case we get  
“spontaneous symmetry breaking”

To see how this happens,  
lets chose a specific parametriation

$$\phi(x) = \frac{1}{\sqrt{2}}\rho(x) \exp\left(\frac{i}{v}\eta(x)\right)$$

with  $\eta$  and  $\rho$  real fields. We get

- $\phi^*\phi = \frac{1}{2}\rho^2$  and thus  $V(\phi^*\phi) = V\left(\frac{1}{2}\rho^2\right)$
- **The potential does not depend on  $\eta$**
- $\partial_\mu\phi = \frac{1}{\sqrt{2}}\exp\left(\frac{i}{v}\eta\right) \left[\partial_\mu\rho + \rho\frac{i}{v}\partial_\mu\eta\right]$   
and thus  
$$(\partial_\mu\phi)^*(\partial^\mu\phi) = \frac{1}{2} \left[ (\partial_\mu\rho)(\partial^\mu\rho) + \frac{\rho^2}{v^2}(\partial_\mu\eta)(\partial^\mu\eta) \right]$$

We need to expand around the “ground state”:

**Need to minimize the potential**

- This implies for the “ground state configuration”  $\phi_0$  a non-vanishing value  $(\phi_0^* \phi_0) = \frac{1}{2} v^2$
- This is implemented by

$$\phi(x) = \frac{1}{\sqrt{2}}(\rho(x) + v) \exp\left(\frac{i}{v}\eta(x)\right)$$
$$\phi_0 = \frac{1}{\sqrt{2}}v$$

- As an exercise, calculate  $v$  in terms of  $\alpha$  and  $\beta$ ; prove that  $\alpha$  has to be negative in order to have SSB

- Insert this into the Lagrangian

$$\mathcal{L} = \frac{1}{2}(\partial_\mu \rho)(\partial^\mu \rho) + \frac{1}{2}(\partial_\mu \eta)(\partial^\mu \eta) - V\left(\frac{1}{2}\rho^2\right) \\ + \text{interaction terms between } \rho \text{ and } \eta$$

- The  $\rho$  becomes massive (as an exercise, calculate its mass in term of  $\alpha$  and  $\beta$ )
- The  $\eta$  is a massless field: Goldstone mode.
- The interactions between  $\rho$  and  $\eta$  are independent of the potential

# Toy Model for Fermion Masses

- “Chiral” fermions:

$$\mathcal{L} = \bar{\psi}_L i \not{\partial} \psi_L + \bar{\psi}_R i \not{\partial} \psi_R$$

- Symmetry: Independent phase transformations for left and right handed components

$$\psi_L \rightarrow \psi_L e^{i\alpha} \quad \psi_R \rightarrow \psi_R e^{i\beta}$$

- This forbids a mass term of the form  $\bar{\psi}_L \psi_R$

$$\bar{\psi}_L \psi_R \rightarrow \bar{\psi}_L \psi_R e^{-i(\alpha-\beta)}$$

- However, one can introduce a Higgs field and use SSB

- Introduce a complex scalar field  $\phi$  with the transformation

$$\phi \rightarrow \phi e^{i(\alpha-\beta)}$$

- Now we can write an invariant term (Yukawa Coupling)

$$\mathcal{L}_{\text{int}} = \lambda \phi \bar{\psi}_L \psi_R + \text{h.c.}$$

$\lambda$ : Yukawa coupling constant

- ... but once the symmetry gets spontaneously broken, we get

$$\mathcal{L}_{\text{int}} = \frac{\lambda}{2} v \bar{\psi}_L \psi_R + \text{h.c.} + \dots$$

- ... which is a mass term with a mass value proportional to  $v$  and the Yukawa coupling

## How do the Vector Bosons become massive?

Look first at electrodynamics ...

- Lagrangian for Maxwell Equation:

$$\mathcal{L}_\gamma = -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} \quad F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu$$

- Add a complex scalar field and couple it “minimally gauge invariant” to the photon

$$\mathcal{L} = (D_\mu \phi)^*(D^\mu \phi) - V(\phi^* \phi)$$

with  $D_\mu \phi = (\partial_\mu + ieA_\mu)\phi$

- Invariance under local phase transformations

$$\phi \rightarrow \phi \exp[ie\alpha(\mathbf{x})] \quad A_\mu \rightarrow A_\mu + \partial_\mu \alpha(\mathbf{x})$$



- Use the parametrization (including already SSB)

$$\phi(x) = \frac{1}{\sqrt{2}}(\rho(x) + v) \exp\left(\frac{i}{v}\eta(x)\right)$$

The field  $\eta$  can be removed by a clever choice

$$\alpha = \frac{1}{ev}\eta$$

The field  $\eta$  can be “gauged away”

- What happens to this degree of freedom?

- Look at the rest of the Lagrangian in the gauge, where  $\eta$  is gone (Unitary gauge!)

$$D_\mu \phi = (\partial_\mu + ieA_\mu)\phi = \frac{v}{\sqrt{2}}ieA_\mu + \dots$$

and thus

$$\mathcal{L} = -\frac{1}{4}F_{\mu\nu}F^{\mu\nu} + \frac{1}{2}v^2e^2A_\mu A^\mu + \dots$$

- The Vector Boson became massive**
- ... and thus has a longitudinal polarization
- The  $\eta$  field has disappeared (“eaten” by the Vector boson)

# The mass terms of the full Standardmodel

In principle, you know now all the ingredients:

- Explicit mass terms for the fermions are forbidden, since we treat left and right handed components differently (Doublets versus Singlets)
- Explicit mass terms for the Vector Bosons are forbidden by local  $SU(2) \times U(1)$  Symmetry
- Elegant (and renormalizable) solution:  
**Spontaneous symmetry breaking**
- Introduce a (complex)  $SU(2)$  doublet  $H$

$$H = \begin{pmatrix} \phi_+ \\ \phi_0 \end{pmatrix} \quad H^c = \begin{pmatrix} \phi_0^* \\ -\phi_+^* \end{pmatrix}$$

with appropriate hypercharge assignments

- Choose a (renormalizable) potential such that

$$H_0 = \begin{pmatrix} 0 \\ v/\sqrt{2} \end{pmatrix} \quad H_0^c = \begin{pmatrix} v/\sqrt{2} \\ 0 \end{pmatrix}$$

- Write  $SU(2) \times U(1)$  invariant Yukawa couplings

$$\mathcal{L} = y_d(\bar{Q}_L H) d_R + y_u(\bar{Q}_L H^c) u_R + \text{h.c.}$$

- Upon SSB: mass terms of up and down quarks
- The Higgs doublet has four degrees of freedom  
Decomposes into one massive mode and **three massless Goldstone modes**
- The three massless modes get eaten:  
 $W^\pm$  and  $Z_0$  become massive.
- Photon (and gluons) remain massless

# Three generations

There is a slight complication: **We have three generations!**

- $y_d$  and  $y_u$ :  $3 \times 3$  matrices in generation space
- Upon SSB, this results in mass matrices
- **A physical quark is a mass eigenstate!**
- Look at the mass matrices

$$M_u = \frac{v}{2} Y_u \quad M_d = \frac{v}{2} Y_d$$

- **There is no reason what both matrices should be diagonal in the same basis**

$$\left[ M_u M_u^\dagger, M_d M_d^\dagger \right] \neq 0$$

- The relative rotation between the two eigenbases:  
**Cabbibo, Kobayashi Maskawa (CKM) matrix**

## Some remarks on masses and the CKM matrix

- CKM is the source of the mixing of quark flavors  
**Flavour mixing is linked to the masses**
- The CKM matrix also encodes the CP violation present in the SM
- **Masses and Mixing parameters have quite peculiar values**
  - The values of the masses span an enormous range
  - This corresponds to very small Yukawa couplings  
**Except for the top quark, which has a “normal” coupling**
  - The quark flavor mixing also follows a hierarchy  
**Again small numbers that have to be explained**
- Overall, we only seem to have a successful parametrization, but no understanding

# Summary on Lecture 1

- All masses of the fundamental fermions are generated by SSB  
(possible exception: Neutrinos)
- Fermion masses are Yukawa couplings  $\times v$
- Vector Boson Masses are gauge coupling  $e \times v$
- Quark Flavor Mixing is related to the mass terms
- We have a successful parameterization, but not really an understanding
- Even worse: Most of the mass around us is NOT due to what I just told you  
stay tuned for Lecture 2